

BAR DELLE TERME

TRATTORIA ITALIANA

12-14 / 19-22

TERMINUS

LAGO DI COMO

ANTIPASTI | STARTERS

Gamberi in salsa cocktails, avocado e semi di papavero (2,3,7,12) <i>Prawns in cocktail sauce, avocado and poppy seeds (2,3,7,12)</i>	€ 24
Panzanella di polpo, pomodoro basilico e cetriolo (1,9,14) <i>Octopus panzanella with tomato, basil and cucumber (1,9,14)</i>	€ 24
Flan di zucchine e fiori di zucca alla ricotta (1,3,7) <i>Ricotta flan with zucchinis and zucchini blossoms (1,3,7)</i>	€ 16
Asparagi, gratinati, uovo poché e bernese alla senape (3,7,10,12) <i>Gratinated asparagus, poached egg and mustard béarnaise (3,7,10,12)</i>	€ 18
La Tartare di manzo (3,4,6,10,12) <i>Beef Tartare (3,4,6,10,12)</i>	€ 22
Velo di vitello in salsa tonnata e fiori di capperi (3,4,9,10,12) <i>Veal Carpaccio with Tuna Sauce and Caper Blossoms (3,4,9,10,12)</i>	€ 18

PRIMI | FIRST COURSES

Scialatielli all'astice e il suo ristretto (1,2,9,12) <i>Scialatielli with lobster and its reduced jus (1,2,9,12)</i>	€ 35
Risotto alla pescatora (2,4,7,9,12,14) <i>Seafood risotto (2,4,7,9,12,14)</i>	€ 26
Girella di pasta fresca, vitello, basilico e provola affumicata (1,3,7,9,12) <i>Rolled fresh pasta with veal, basil and smoked provola (1,3,7,9,12)</i>	€ 24
Tagliatelle alla bolognese (1,3,7,9,12) <i>Tagliatelle bolognese (1,3,7,9,12)</i>	€ 24
Mezzi paccheri, cacio, pepe e lime (1,7) <i>Mezzi paccheri with cacio e pepe and lime (1,7)</i>	€ 20
Spaghetti al pomodoro e basilico (1) <i>Spaghetti with tomato and basil (1)</i>	€ 18

SECONDI | MAIN COURSES

Gambero gratinato con pane saporito all'aneto, patata all'olio ed erba cipollina (1,2) <i>Gratinated prawn with dill-seasoned breadcrumbs, olive oil potato and chives (1,2)</i>	€ 28
Tonno leggermente scottato, fagiolini, mentuccia e salsa al balsamico (4,12) <i>Lightly seared tuna with green beans, mint and balsamic sauce (4,12)</i>	€ 32
Spigola di mare in guazzetto mediterraneo (4,12) <i>Sea bass in mediterranean broth (4,12)</i>	€ 28
Costoletta alla milanese battuta con rucola e pomodorini (1,3,7) <i>Milanese veal cutlet with rocket and cherry tomatoes (1,3,7)</i>	€ 38
Filetto di manzo con verdure e patate al forno <i>Beef fillet with seasonal vegetables and roasted potatoes</i>	€ 36
Verdure dell'orto crude e cotte con olio alle erbe aromatiche <i>Raw and cooked garden vegetables with aromatic herb oil</i>	€ 24

CONTORNI | STARTERS

Insalata verde <i>Green salad</i>	€ 6
Insalata mista <i>Mixed salad</i>	€ 7
Patate al forno <i>Roasted potatoes</i>	€ 8
Carpaccio di pomodoro cuore di bue <i>Oxheart tomato carpaccio</i>	€ 10
Zucchine alla scapece (12) <i>Marinated zucchini alla scapece (12)</i>	€ 12
Insalata di peperoni, mosto d'uva e capperi (12) <i>Bell pepper salad with grape must and capers (12)</i>	€ 10

DESSERT | DESSERTS

Il classico Tiramisù (1,3,7) <i>Classic Tiramisu (1,3,7)</i>	€ 12
Semifreddo alla mandorla e frutto della passione (3,7,8) <i>Almond and passion fruit semifreddo (3,7,8)</i>	€ 12
Panna cotta al basilico, limone e composta di fragole (7) <i>Basil panna cotta with lemon and strawberry compote (7)</i>	€ 12
Frutta fresca di stagione <i>Fresh seasonal fruit</i>	€ 12
Gelati artigianali (3,7,8) <i>Artisan ice cream selection (3,7,8)</i>	€ 12

Le preparazioni a base di gambero, astice, calamari, seppie, cozze, vongole, tonno e spigola sono sottoposte ad abbattimento termico, in conformità alle vigenti normative igienico-sanitarie.
Preparations containing prawn, lobster, squid, cuttlefish, mussels, clams, tuna and sea bass are subjected to blast chilling, in compliance with current food safety and hygiene regulations.

the 1990s, the number of people in the UK who are aged 65 and over has increased from 10.5 million to 13.5 million (19.5% of the population).

There is a growing awareness of the need to address the health care needs of the elderly population. The Department of Health (1998) has set out a strategy for the care of the elderly, which includes a commitment to improve the health of the elderly population and to ensure that they receive the best possible care and support.

The aim of this paper is to review the current state of research on the health care needs of the elderly population and to identify areas for further research.

Background

The elderly population in the UK is growing rapidly and is becoming increasingly diverse. This has implications for the health care system and for the way in which health care is delivered.

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